



## Welcome to Briardene Care Home

I'd like to tell you a bit about Briardene and our vision and ethos, to assist you when making your decisions about the care you are looking for. We aim to provide the highest standards of accommodation and care within Briardene, to maintain and improve the quality of life for each individual we welcome into our community and are entrusted with their care.

Briardene has 59 bedrooms, each with its own ensuite facilities. Rooms are tastefully decorated with contrasting furniture to meet individual needs. We are happy for residents to personalise their rooms in order to create a warm and friendly environment for themselves and their visitors.

Briardene has tastefully appointed lounges and dining areas, which can be utilised by residents throughout the day.

All our food is freshly prepared on a daily basis by our in-house chefs and we aim to cater for all diets and choices. The menu changes every four weeks and offers a choice of hot meals and snacks and this is supplemented by a trolley service during mid-morning, afternoon and at supper. Residents have the choice of eating in the dining rooms or if they prefer, they can eat in the lounges or their own bedrooms.

We are specialists in tailoring person-centred care to each individual, with highly trained and professional nurses, senior care assistants and care assistants within our teams, who work together to deliver the best care for each resident. Briardene's team is motivated and compassionate, quickly learning personal likes and dislikes and working towards a goal of ensuring independence and activity for as long as possible.

We aim to provide a home away from home within a comfortable and attractive setting, where our residents can feel safe and secure and to live as full a life as possible. Each home has an in-house Lifestyle Support workers, who works to create an interesting and engaging programme of activities and events within the home including visiting entertainers and speakers. There is a visiting hairdressing service each week and a monthly non-denominational Church Service every month.

Mariposa Elderly Care aims to create a vibrant sense of community within our homes, bringing residents together to socially interact and foster friendships.

We take great pride in our home and welcome you to visit to find out more. Alternatively, you can download our brochure or contact our dedicated team of care advisors, who can guide you through the process and answer any questions or concerns you may have.

Kind regards

Gemma Cuthbertson, Home Manager